

In the Spotlight:

Body Code Practitioner Spotlight with R Leah Moon



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Amarillo, Texas' very own Body/Emotion Code Practitioner, R. Leah Moon, has nabbed this week's Spotlight. She shares stories of healing a kitty, and a young lady from their injuries. She also gives advice for those new to using The Emotion Code.



Practitioner Spotlight

with

R. Leah Moon

How long have you been practicing The Emotion Code?

I have been using “energy testing” for approximately 6 years. I was fortunate to come to the Emotion Code with lots of practice and experience in testing. When I heard of the Emotion Code in 2010 I began to practice the technique until the certification became available. I fulfilled my requirements and was certified in mid-2011 and continue to regularly have the great results like the two stories I tell below.

How do you think The Emotion Code compares to other energy healing modalities?

While I am a Certified Multi-modality Energy Practitioner, The Emotion Code is where I like to start with my clients. Clearing their Heart-Wall gives my clients a huge jump-start toward re-balancing their energies and moving toward a greater wholeness in their life.

What suggestions would you give to those that are new to practicing TEC?

Listen to the seminars at home, watch programs on the web, and practice on yourself

first. Keep your books and charts close by as a reference while you are gaining confidence. After you understand the process, move to your friends, family and relatives. The key to testing accurately is “centering” yourself before you begin each session. Bring clarity and calmness with clear intention to each appointment. If you are uncertain, stop, and look it up. Learning it wrong the first time takes 10x longer to learn it again the right way. Take the time after each session to clear your own energy and regenerate.

Do you have any advice for people just starting to use The Emotion Code?

Take your time to “really” learn how to muscle test. Clearly set up what is a “yes” and what is a “no”. Practice “yes” and “no” lots of times during the day. Use it to test as many different ways as you can. Learn how to ask a question versus testing an object. Testing is the foundation for the Emotion Code and it is important to understand what you are asking as well as watching your attention, intention, and thoughts.

Do you have a healing story using TEC that you could tell us about?

Two incidents come to mind.

One of my earliest successes came soon after I began my certification process with a client that lives on the other side of the country. In our phone session, she told me she had a nonstop headache and a sore shoulder from her friend accidentally closing the car door on her the previous day. She needed to work a shift at each of the two jobs she held that night and the next day. We tested and released the trauma around the car door hitting her.

The headache went away on the spot as did the shoulder discomfort and soreness! It stayed away! She also worked both shifts successfully without discomfort or soreness. This was astounding and seemed an amazing result in a very short time. Her fears that she would not be able to work never came to pass and she has had no more head or shoulder issues from the event.

My second success story also came when I was still in training and is about my long-time friend who lives 1200 miles away. She asked me on the phone if I could do anything for a cat she had just rescued that she felt was beyond help. The cat had been left stranded in a garage. When she found it, there was not much left of its little infested and emaciated body. It was quite unclear if the cat would live.

I took out my Emotion Code magnets and trapped emotions chart and proceeded to find and release trapped emotions over the phone. We released the cat’s Heart-Wall and traumas it had from the abandonment experience. It then began to stir and rub against the side of the cage nearest to my friend. The kitty soon became interested in the food in her cage. She continued to eat well over the next days. The next week I received a picture of a sweet cat on the mend and gaining weight. Her kitty has had no subsequent issues or problems. She returned to such vigorous health in such short order that my friend took her to her farm to live in the country.

If you could tell the world about the Emotion Code in one sentence, what would you say?

The Emotion Code is a very efficient way to cut to the chase with greatest all-time results for the time and money.

Where do you see the future of energy medicine headed?

We are energy, we are all energy, and your beliefs do become your biology – and you can choose to change the way you respond to the world around you. Energy Medicine is the greatest promise and approach to global healing we have for the 21st Century.

